Rozen Orthodontics Home-Care Protocol for COVID-19 Closures

Invisalign	Braces	Carriere Appliances	Expanders	Retainers
 Continue to follow the most recent instructions given as to which aligners to wear and how often to change them. If you run out of aligners, remain in the last aligner DO NOT STOP WEARING THEM and give us a call to find out if you can pick up or if we can mail to you If you lose or break your aligner, call us right away. Dr. Rozen may instruct you to move to the next aligner. Continue to follow any instructions given regarding wearing elastics. If you are running low in elastics, call us to either pick up more or have them mailed to you. 	 Keep up with your elastics! Keep wearing them as you were last instructed. If you are running low give us a call, and we will arrange for you to receive more. For poky wires, first try to use wax. Remember to dry the area of concern well prior to applying wax. If you still have discomfort, give us a call immediately, we will get you in to clip the wire. If your bracket breaks and you have no discomfort, this is NOT an emergency. It will be placed when business resumes. As always keep those teeth CLEAN! Continue to regularly floss and brush your teeth. Be EXTRA careful to stay away from HARD, STICKY, CHEWEY food. You don't want a Broken Bracket! 	 Continue following the most recent instructions given to you regarding wearing your elastics. If you are running low give us a call, and we will arrange for you to receive more. We will help you monitor progress by utilizing Virtual Consultations. BE EXTRA careful to stay away from HARD, STICKY, CHEWEY food. Continue to Brush and keep your teeth clean! 	Continue to brush and floss regularly!	



